



ORAL HEALTH TRENDS 2019

Here are the top 5 areas:

- 1.Oral Health During Pregnancy
- 2.Oral Health Connection with Heart Disease & Diabetes
- 3.HPV & Oral Cancer
- 4.Oral Health & Vaping Side Effects
- 5.Self Esteem

ANASTASIA

CONNECT ON SOCIAL
@ANASTASIARDH

Anastasia Turchetta RDH is a keynote speaker, author, blogger & vlogger.

info@AnastasiaTurchetta.com
(252) 202-9319 Cell
www.AnastasiaTurchetta.com



ORAL HEALTH DURING PREGNANCY

- ✓ Preterm low birth weight babies linked to periodontal disease
- ✓ Chewing xylitol gum to prevent the spreading the bacteria that causes tooth decay to your baby
- ✓ Vitamin D may be helpful in preventing enamel defects

Resources

<http://bit.ly/2md5Hzl>

<http://bit.ly/2mlc6sB>

<http://bit.ly/2IWjjiA>

<http://bit.ly/2IRI8Mq>

ANASTASIA TURCHETTA RDH



ORAL HEALTH HEART DISEASE & DIABETES CONNECTION

- ✓ Periodontal Disease
- ✓ Inflammation (high Hb1AC, BP, Cholesterol)
- ✓ Risk Factors / High Blood Pressure, High Cholesterol, Smoking

NOTE: Your dental hygienist should be taking your BP at each health & wellness visit.

Resources

<http://bit.ly/2korZ0G>

ANASTASIA TURCHETTA RDH

www.AnastasiaTurchetta.com
#AMERICASDENTALHYGIENIST



ORAL HEALTH TRENDS RESOURCES

- ✓ <https://www.cdc.gov/oralhealth/conditions/periodontal-disease.html>
- ✓ <https://www.nih.gov>
- ✓ Oral Health Side Effects From Vaping
<https://youtu.be/RT62Tz6unCk>
- ✓ More information or ask Anastasia a question
Visit www.AnastasiaTurchetta.com

Connect with Anastasia on Social

ANASTASIA TURCHETTA RDH

www.AnastasiaTurchetta.com
#AMERICASDENTALHYGIENIST