

# ANASTASIA TURCHETTA RDH

MOTIVATIONAL SPEAKER | VIDEO BLOGGER |  
AUTHOR



## ABOUT ANASTASIA

Anastasia is a health empowerment conversationalist whose voice of experience ignites your route to personal & professional health. A curiosity expert and coffee addict with 30 years in the healthcare profession, her programs help you identify the difference between work-life balance and work-life wellness.

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## WORK EXPERIENCE

CONFERENCE SPEAKER	2001 - 2019	WEEKLY VIDEO BLOG ON YOUTUBE	2009 - 2019
HSN GUEST HOST	2018 - 2019		
AUTHOR	2004 - 2019	COFFEE CHAT™ W/ ANASTASIA VIDEO HOST	2015 - 2019
PRODUCT / SOCIAL MEDIA CONTENT DEVELOPMENT	2006 - 2019	REGISTERED DENTAL HYGIENIST	1988 - 2019

Full CV

PDF

What People  
Are  
Saying